

A 365 Day Journal

Inspired by the Daily Post 2013

Day 1 Date:

Stroke of Midnight

Where were you last night at midnight – is that where you'd wanted to be?

Day 2 Date:

Resolved

Have you ever made a New Year's Resolution that you kept?

Day 3 Date:

Kick It

What's the 11th item on your bucket list?

Day 4 Date:

Quote me

Do you have a favourite quote that you return to again and again? What is it, and why does it move you?

Day 5 Date:

"Sometimes you win, sometimes you learn." John Maxwell

Take an inspiring sentence from your favourite book and make it your screen-saver for the week.

Day 6 Date:

My Favourite

What's the most time you've ever spent apart from your favourite person? Tell us about it.

Day 7 Date:

Helpless

Helplessness: that dull, sick feeling of not being the one at the reins. When did you last feel like that – and what did you do about it?

Day 8 Date:

Teacher's pet

Tell us about a teacher who had a real impact on your life, either for the better or the worse. How is your life different today because of him or her?

Day 9 Date:

1984

You're locked in a room with your greatest fear. Describe what's in the room.

Day 10 Date:

32 Flavours

Vanilla, chocolate, or something else entirely?

Day 11 Date:

This is your life

If you could read a book containing all that has happened and will ever happen in your life, would you? If you choose to read it, you must read it cover to cover.

Day 12 Date:

Take Two

Run outside. Take a picture of the first thing you see. Run inside. Take a picture of the second thing you see. Write about the connection between these two random objects, people, or scenes.

Day 13 Date:

Clean Slate

Explore the room you're in as if you're seeing it for the first time. Pretend you know nothing. What do you see? Who is the person who lives there?

Day 14 Date:

Ripped from the headlines

Head to your favourite online news source. Pick an article with a headline that grabs you. Now, write a short story based on the article.

Day 15 Date:

Polite company

“It’s never a good idea to discuss religion or politics with people you don’t really know.” Agree or disagree?

Day 16 Date:

Toot your horn

Most of us are excellent at being self-deprecating, and are not so good at the opposite. Tell us your favourite thing about yourself.

Day 17 Date:

In a crisis

Honestly evaluate the way you respond to crisis situations. Are you happy with the way you react?

Day 18 Date:

Free association

Write down the first words that comes to mind when we say...home...soil...rain. Use those words in the title of your post.

Day 19 Date:

Apply yourself

Describe your last attempt to learn something that did not come easily to you.

Day 20 Date:

Breaking the law

Think about the last time you broke a rule (a big one, not just ripping the tags off your pillows). Were you burned, or did things turn out for the best?

Day 21 Date:

Sweet sixteen

When you were 16, what did you think your life would look like? Does it look like that? Is that a good thing?

Day 22 Date:

I got skills

If you could choose to be a master (or mistress) of any skill in the world, which skill would you pick?

Day 23 Date:

Shipwrecked

Read the story of [Richard Parker and Tom Dudley](#). Is what Dudley did defensible? What would you have done?

Day 24 Date:

Ready, set, go

Set a timer for ten minutes. Open a new post. Start the timer, and start writing. When the timer goes off, publish.

Day 25 Date:

Dearly departed

Write your own eulogy.

Day 26 Date:

Musical

What role does music play in your life?

Day 27 Date:

Sliced bread

Most of us have heard the saying, "That's the best thing since sliced bread!" What do you think is actually the best thing since sliced bread?

Day 28 Date:

Ode to a playground

A place from your past or childhood, one that you're fond of, is destroyed. Write it a memorial.

Day 29 Date:

Through the window.

Go to the nearest window. Look out for a full minute. Write about what you saw.

Day 30 Date:

Burning down the house

Your home is on fire. Grab five items (assume all people and animals are safe). What did you grab?

Day 31 Date:

Burnt

Remember yesterday, when your home was on fire and you got to save five items? That means you left a lot of stuff behind. What are the things you wish you could have taken, but had to leave behind?

Day 32 Date:

Flangiprop!

Invent a definition for the word “flangiprop”, then use the word in a post.

Day 33 Date:

Think global, act local

“Think global, act local”. Write a post connecting a global issue to a personal one.

Day 34 Date:

Writing room

A genie has granted your wish to build your perfect space for reading and writing. What's it like?

Day 35 Date:

Ch.-Ch.-Ch.-Ch.-Changes

You need to make a major change in your life. Do you make it all at once, cold turkey style, or incrementally?

Day 36 Date:

Call me, maybe

Describe your relationship with your phone. Is it your lifeline, a buzzing nuisance, or something in between?

Day 37 Date:

Choose your adventure

Write a story or post with an open ending, and let your readers invent the conclusion.

Day 38 Date:

Right to health

Is access to medical care something that governments should provide, or is it better left to the private sector? Are there drawbacks to your choice?

Day 39 Date:

Karma chameleon

Reincarnation: do you believe in it?

Day 40 Date:

Childhood revisited

Sure, you turned out pretty good, but is there anything you wish had been different about your childhood? If you have kids, is there anything you wish were different for them?

Day 41 Date:

Teachable moment

You have to learn a new skill. Do you prefer to read about it, watch someone else do it, hear someone describe it, or try it yourself?

Day 42 Date:

Whoa!

What's the most surreal experience you've ever had?

Day 43 Date:

All about you

Explain why you chose your blog's title and what it means to you.

Day 44 Date:

Shoulda, woulda, coulda

Tell us about something you know you should do...but don't.

Day 45 Date:

Cupid's arrow

Write an ode to someone or something you love. Bonus points for poetry.

Day 46 Date:

Proud

When was the last time someone told you they were proud of you?

Day 47 Date:

The clock

Write about anything you'd like. Somewhere in your post, include the sentence, "I heard the car door slam, and immediately looked at the clock."

Day 48 Date:

Mentor

Have you ever had a mentor? What was the greatest lesson you learned from him or her?

Day 49 Date:

Far from normal

Many of us think of our lives as boringly normal, while others live the high life. Take a step back, and take a look at your life as an outsider might. Now, tell us at least six unique, exciting, or just plain odd things about yourself.

Day 50 Date:

Nightmares

Describe the last nightmare you remember having. What do you think it meant?

Day 51 Date:

A plot of earth

You're given a plot of land and have the financial resources to do what you please. What's the plan?

Day 52 Date:

Undo

If you could un-invent something, what would it be? Discuss why, potential repercussions, or a possible alternative.

Day 53 Date:

Seconds

Describe the most satisfying meal you've ever eaten, in glorious detail.

Day 54 Date:

B+

Write about what you did last weekend as though you're a music critic reviewing a new album.

Day 55 Date:

Buffalo nickel

Dig through your couch cushions, your purse, or the floor of your car and look at the year printed on the first coin you find. What were you doing that year?

Day 56 Date:

Cliché

Clichés become clichés for a reason. Tell us about the last time [a bird in the hand was worth two in the bush for you.](#)

Day 57 Date:

Happily ever after

“And they lived happily ever after.” Think about this line for a few minutes. Are you living happily ever after? If so, what will it take for you to get there?

Day 58 Date:

Comedy of errors

Murphy’s Law says “Anything that can go wrong will go wrong.” Write about a time everything did – fiction encouraged here, too!

Bonus assignment: do you keep a notebook next to your bed? Good. Tomorrow morning, jot down the first thought you have upon waking, whether or not it’s coherent.

Day 59 Date:

First light

Remember yesterday, when you wrote down the first thought you had this morning? Great. Now write a post about it.

Day 60 Date:

Back to the future

A service has been invented through which you can send messages to people in the future. To whom would you send something, and what would you write?

Day 61 Date:

Places

Beach, mountain, forest, or somewhere else entirely?

Day 62 Date:

No, thanks

Is there a place in the world you never want to visit? Where, and why not?

Day 63 Date:

Twenty-five

There are 26 letters in the English language, and we need every single one of them. Want proof? Choose a letter and write a blog post without using it. (Feeling really brave? Make it a vowel!)

Day 64 Date:

Perspective

Write about the disagreement you had with a friend or family member – from their perspective.

Day 65 Date:

All grown up

When was the first time you really felt like a grown up (if ever)?

Day 66 Date:

Seven days

You wake up tomorrow morning to find all your plans have been cancelled for the next seven days and £10000 on your dresser. Tell us about your week.

Day 67 Date:

Fantasy

The Tooth Fairy (or Easter Bunny, or Santa Claus...) a fun and harmless fiction, or a pointless justification for lying to children?

Day 68 Date:

VIP

Who's the most important person in your life – and how would your day-to-day existence be different without them?

Day 69 Date:

Playlist of the week

Tell us how your week went by putting together a playlist of five songs that represent it.

Day 70 Date:

Ghost-writer

If you could have any author – living or dead – write your biography, who would you choose?

Day 71 Date:

Erasure

You have the choice to erase one incident from your past, as though it never happened. What would you erase and why?

Day 72 Date:

Silver screen

Take a quote from your favourite movie – there's the title of your post. Now, write!

Day 73 Date:

180 degrees

Tell us about a time you did a 180 – changed your views on something, reversed a decision, or acted in a way you ordinarily don't.

Day 74 Date:

Comfort zone

What are you more comfortable with – routine and planning, or laissez-faire spontaneity?

Day 75 Date:

Show and tell

You've been asked to do a five-minute presentation to a group of young schoolchildren on the topic of your choice. Describe your presentation.

Day 76 Date:

Bone of contention

Pick a contentious issue about which you care deeply – it could be the same-sex marriage debate, or just a disagreement you're having with a friend. Write a post defending the opposite position, and then reflect on what it was like to do that.

Day 77 Date:

Impossible

"Why, sometimes I've believe as many as six impossible things before breakfast." – *the White Queen, Alice in Wonderland*.

What are the six impossible things you believe in? (If you can only manage one or two, that's also okay.)

Day 78 Date:

Menagerie

Do you have animals in your life? If yes, what do they mean to you? If no, why have you opted not to?

Day 79 Date:

INTJ

Do parties or crowds fill you with energy, or send you scurrying for peace and quiet?

Day 80 Date:

Bedtime stories

What was your favourite book as a child? Did it influence the person you are now?

Day 81 Date:

Stranded

You're stranded in a foreign city for a day with no money and no friends. Where do you go; what do you do?

Day 82 Date:

Local flavour

Write a piece about a typically "local" experience from where you come from as though it's an entry in a travel guide.

Day 83 Date:

Competition

What activity, task, or game most brings out your competitive streak?

Day 84 Date:

Idyllic

What does your ideal community look like? How is it organised, and how is community life structured? What values does the community share?

Day 85 Date:

Deja vu

Have you ever truly felt [déjà vu](#), the sensation that you've already had the experience you're currently having?

Day 86 Date:

Judgment day

If you were to judge your favourite book by its cover, would you still read it?

Day 87 Date:

Happy joy joy

We cry for lots of reasons: sadness, pain, fear...and happiness. When was the last time you shed tears of joy?

Day 88 Date:

Trading spaces

Have you ever wondered what it would be like to be a member of the opposite sex for a day?
What do you think life would be like?

Day 89 Date:

Five a day

You've been exiled to a private island, and your captors will only supply you with five foods.
What do you pick?

Day 90 Date:

Odd couple

Does a messy home (or office) make you anxious and cranky, or is cleaning something you
just do before company comes over?

Day 91 Date:

The social network

Do you feel like you "get" social media, or do you just use it because that's where all your
friends and family are?

Day 92 Date:

Prized possession

Describe an item you were incredibly attached to as a child. What became of it?

Day 93 Date:

Escape!

Describe your ultimate escape plan (and tell us what you're escaping from).

Day 94 Date:

The transporter

Tell us about a sensation – a taste, a smell, a piece of music – that transports you back to childhood.

Day 95 Date:

Share the love

Tell us about another blogger who has influenced your own online journey.

Day 96 Date:

Third from the top

Head to your favourite blog. Scroll down to the third post in the list. Take the third sentence in the post, and work it into a new post of your own.

Day 97 Date:

Alma mater

You've been asked to speak at your high school alma mater – about the path of life. (Whoa.) Draft the speech.

Day 98 Date:

Turn, turn, turn

Which season do you most look forward to?

Day 99 Date:

Do-over

Go back to a blog post you always thought could be better, or were unsatisfied with – now, fix it.

Day 100 Date:

Imperfection

Imperfections – in things, in people, in places – add character to life. Tell us about an imperfection that you cherish.

Day 101 Date:

Press it

Give some love to three blogs you've read and loved in the past week, and tell us why they're worth reading.

Day 102 Date:

Decisions, decisions

How are you more likely to make an important decision – by reasoning through it, or by going with your gut?

Day 103 Date:

Charitable

You've inherited £5 million, with instructions that you must give it all away – but you can choose any organisations you like to be the beneficiaries. Where does the money go?

Day 104 Date:

S/he said

Pause whatever you're doing, and ask the person nearest you what they're thinking about (call someone if you have to). Write a post based on it.

Day 105 Date:

The satisfaction of a list

Who doesn't love a list? So write one! Top five slices of pizza in your town, ten reasons disco will never die, the three secrets to happiness – go silly or go deep, just go list-y.

Day 106 Date:

History of language

Write a piece of fiction describing the incident that gave rise to the phrase, "third time's the charm."

Day 107 Date:

Million-dollar question

Why do you blog?

Day 108 Date:

Unknown caller

You receive a call from an unexpected person. Who is it, and what is the conversation about? Go!

Day 109 Date:

Freaky Friday

If you could be someone else for a day, who would you be, and why? If that seems too easy, try this one: who would you like to have spend a day as you and what do you hope they'd learn from the experience?

Day 110 Date:

The Bizarro world

In the DC comics universe, a planet called "Three" ("Earth" spelt backwards) is populated with bizarre versions of superheroes. A Seinfeld episode made the idea of the Bizarro World popular, where the characters encountered their opposite selves. Craft a scene in which you meet an opposite version of yourself – or a story in a bizarre, backwards world.

Day 111 Date:

Companionable

Head to one of your favourite blogs. Write a companion piece to their penultimate post.

Day 112 Date:

Critical eye

Write about the subject you usually blog about as if you were a music critic.

Day 113 Date:

Earworm

What song is stuck in your head (or on permanent rotation in your CD or MP3 player) these days? Why does it speak to you?

Day 114 Date:

Stranger

Have you ever had a random encounter or fleeting moment with a stranger that stuck with you?

Day 115 Date:

Clone wars

If you could clone yourself, how would you split up your responsibilities?

Day 116 Date:

Second time around

Tell us about a book you can read again and again without getting bored – what is it that speaks to you?

Day 117 Date:

Wall to wall

What do you display on the walls of your home – photos, artwork, nothing? How do you choose what to display? What mood are you trying to create?

Day 118 Date:

Your time to shine

Early bird, or night owl?

Day 119 Date:

Cringe-worthy

Do you feel uncomfortable when you see someone else being embarrassed? What's most likely to make you squirm?

Day 120 Date:

Art appreciation

Do you need to agree with an artist's lifestyle or politics to appreciate their art? To spend money on it?

Day 121 Date:

Personal space

To what extent is your blog a place for your own self-expression and creativity vs. a site designed to attract readers? How do you balance that? If sticking to certain topics and types of posts meant your readership would triple, would you do it?

Day 122 Date:

Mad Libs

Turn to your co-workers, kids, Facebook friends, family – anyone who's accessible – and ask them to suggest an article, an adjective, and a noun. There's your post title! Now write.

Day 123 Date:

The little things

Describe a little thing – one of the things you love that defines your world but is often overlooked.

Day 124 Date:

It's a text, text, text world

How do you communicate differently online than in person, if at all? How do you communicate emotion and intent in a purely written medium?

Day 125 Date:

The glass?

Is the glass half-full, or half-empty?

Day 126 Date:

Evasive action

What's the most significant secret you've ever kept? Did the truth ever come out?

Day 127 Date:

Key takeaway

Give your newer sisters and brothers in WordPress one piece of advice based on your experiences blogging. If you're a new blogger, what's one question you'd like to ask other bloggers?

Day 128 Date:

Success

Tell us about a time where everything you'd hoped would happen actually did.

Day 129 Date:

Landscape

When you gaze out your window – real or figurative – do you see the forest first, or the trees?

Day 130 Date:

Morphing

Language evolves. The meaning of a word can shift over time as we use it differently – think of “cool”, “heavy”, or even “literally”. Today, give a word an evolutionary push: give a common word a new meaning, explain it to us, and use it in the title of your post.

Day 131 Date:

I want to know what love is

We each have many types of love relationships – parents, children, spouses, friends. And they're not always with people; you may love an animal, or a place. Is there a single idea or definition that runs through all the varieties of “love”?

Day 132 Date:

Fill in the blank

Three people walk into a bar...

Day 133 Date:

Unconventional love

Over the weekend, we explored different ways to love. Today, tell us about the most unconventional love in your life

Day 134 Date:

The interview

Interview your favourite fictional character.

Day 135 Date:

Memories for sale

On a weekend road trip, far away from home, you stumble upon a garage sale in a neighbourhood you're passing through. Astonished, you find an object among the belongings for sale that you recognise. Tell us about it.

Day 136 Date:

Too big to fail

Tell us about something you would attempt if you were guaranteed not to fail (and tell us why you haven't tried it yet).

Day 137 Date:

Feed your senses

Write down the first sight, sound, smell and sensation you experienced on waking up today. Pick the one you're most drawn to, and write. (For a bigger challenge, pick the one you're least drawn to.)

Day 138 Date:

Helping hand

Tell us about the most surprising helping hand you've ever received.

Day 139 Date:

Dulled

You encounter a mysterious man offering you a magic potion that, once sipped, will make one of your sense (sight, hearing, taste, smell and touch) super sharp – but dull the others. Will you sip it, and if so, what sense do you choose?

Day 140 Date:

Bittersweet memories

You receive a gift that is bittersweet and makes you nostalgic. What is it?

Day 141 Date:

Goals

When you started your blog, did you set any goals? Have you achieved them? Have they changed at all?

Day 142 Date:

Green-eyed

Tell us about the last time you were really, truly jealous of someone. Did you act on it? Did it hurt your relationship?

Day 143 Date:

Fictional elevator

You're stuck in an elevator with an intriguing stranger. Write this scene.

Day 144 Date:

The next big thing

What will the next must-have technological innovation be? Jetpacks? Hover boards? Wind-powered calculators.

Day 145 Date:

Tell us your story

Tell us about a journey – whether a physical trip you took, or an emotional one.

Day 146 Date:

Switcheroo

If you could switch blogs with any blogger for a week, with whom would you switch and why?

Day 147 Date:

Say your name

Write about your first name: Are you named after someone or something? Are there any stories or associations attached to it? If you had the choice, would you rename yourself?

Day 148 Date:

Elevator from the past

You're stuck in an elevator with a person from your past. Write this scene.

Day 149 Date:

Weaving the threads

Draft a post with three parts, each unrelated to the other, but create a common thread between them by including the same item – an object, a symbol, a place – in each part.

Day 150 Date:

Fight or flight

When faced with confrontation, do you head for the hills or walk straight in? Was there ever a time you wished you'd had the opposite reaction?

Day 151 Date:

Teleport

If you could travel to any location in the universe – where would you travel and why?

Day 152 Date:

Silver linings

Write about something you consider “ugly” – war, violence, failure, hatred – but try to find beauty, or a sense of hope, in your thoughts.

Day 153 Date:

The zone

Tell us about your favourite way to get lost in a simple activity – running, chopping vegetables, folding laundry, whatever. What’s it like when you’re in “the zone”?

Day 154 Date:

Tourist trap

What’s your dream tourist destination – either a place you’ve been and loved, or a place you’d love to visit? What about it speaks to you?

Day 155 Date:

Red pill, blue pill

If you could get all the nutrition you needed in a day with a pill – no worrying about what to eat, no food preparation – would you do it?

Day 156 Date:

Never

Tell us about a thing you'll never write about.

Day 157 Date:

Four stars

Write a review of your life – or the life of someone close to you – as if it were a movie or a book.

Day 158 Date:

RSVP

Plan the ultimate celebration for the person you're closest to, and tell us about it. Where is it? Who's there? What's served? What happens?

Day 159 Date:

Do not disturb

How do you manage your online privacy? Are there certain things you won't post in certain places? Information you'll never share online? Or do you assume information about you is accessible anyway?

Day 160 Date:

The normal

Is being "normal" – whatever that means to you – a good thing, or a bad thing? Neither?

Day 161 Date:

Ripped into the headline

Write about something that happened over the weekend as though it's the top story on your local paper.

Day 162 Date:

Take care

When you're unwell, do you allow others to take care of you, or do you prefer to soldier on alone? What does it take for you to ask for help?

Day 163 Date:

You've got the power

You have the power to enact a single law. What would it be?

Day 164 Date:

Person of the year

You're asked to nominate someone for TIME's Person of the Year. Who would it be, and why?

Day 165 Date:

In good faith

Describe a memory or encounter in which you considered your faith, religion, spirituality – or lack of – for the first time.

Day 166 Date:

Singin' in the rain

Safe inside, toasty warm, while water pitter-patters on the roof. Describe your perfect, rainy afternoon.

Day 167 Date:

Bookworm

Tell us about the last book you read (why did you choose it? Would you recommend it?). To go further, write a post based on its subject matter.

Day 168 Date:

Shape up or ship out

Write a letter to the personality trait you like least, convincing it to shape up or ship out. Be as threatening, theatrical, or thoroughly charming as is necessary to get the job done.

Day 169 Date:

Might as well jump

What's the biggest risk you'd like to take – but haven't been able to? What would have to happen to make you comfortable taking it?

Day 170 Date:

Tagline

Often, our blogs have taglines. But what if humans did, too? What would your tagline be?

Day 171 Date:

Moment of kindness

Describe a moment of kindness, between you and someone else – loved one or complete stranger.

Day 172 Date:

Ha ha ha

Tell us a joke! Knock-knock joke, long story with an unexpected punchline, great zinger – all jokes are welcome!

Day 173 Date:

No, thank you

If you could permanently ban a word from general usage, which one would it be? Why?

Day 174 Date:

Island of misfit posts

We all have something we'd like to write about, but that doesn't really "fit" our blog. Write it anyway.

Day 175 Date:

Morality play

Where do your morals come from – your family? Your faith? Your philosophical worldview? How do you deal with those who don't share them, or derive them from a different source?

Day 176 Date:

21st century citizen

Do you belong in this day and age? Do you feel comfortable being a citizen of the 21st century? If you do, explain why – and if you don't, when in human history would you rather be?

Day 177 Date:

Planes, trains and automobiles

You're going on a cross-country trip. Airplane, train, bus or car? (Or something else entirely – bike? Hot air balloon?)

Day 178 Date:

The artist's eye

Is there a painting or sculpture you're drawn to? What does it say to you? Describe the experience. (Or, if art doesn't speak to you, tell us why.)

Day 179 Date:

We can be taught

Tell us a moment or an incident that you treasure – not necessarily because it brought you happiness, but because it taught you something about yourself.

Day 180 Date:

No longer a mere mortal

You've imbibed a special potion that makes you immortal. Now that you've got forever, what changes will you make in your life? How will you live life differently, knowing you'll always be around to be accountable for your actions?

Day 181 Date:

The natural world

Describe your first memorable experience exploring and spending time in nature. Were you in awe? Or were you not impressed? Would you rather spend time in the forest or the city?

Day 182 Date:

Great or greatest

What makes a blog great? What makes you follow a blog or "like" a post?

Day 183 Date:

The road less travelled

Pinpoint a moment in your past where you had to make a big decision. Write about that other alternate life that could have unfolded.

Day 184 Date:

A mystery wrapped in an enigma

Tell us something most people probably don't know about you.

Day 185 Date:

From the gut

Tell us about the last time you had a real, deep, crying-from-laughing belly laugh.

Day 186 Date:

Mirror, mirror

Finish this sentence: "When I look in the mirror I..."

Day 187 Date:

Tables turned

Are you as comfortable in front of a camera as behind one? Being written about, as well as writing?

Day 188 Date:

Rolling stone

If you could live a nomadic life, would you? Where would you go? How would you decide? What would life be like without a "home base"?

Day 189 Date:

Barter system

If the world worked on a barter system, how would you fare? Would you have services to barter? Would you be successful, or would struggle?

Day 190 Date:

Keep out

Who is the one person you hope isn't reading your blog? Why?

Day 191 Date:

Earworm

Write whatever you normally write about, and weave in a book quote, film quote, or a song lyric that's been sticking with you this week.

Day 192 Date:

Fandom

Are you a sports fan? Tell us about fandom. If you're not, tell us why not.

Day 193 Date:

Singular sensation

If one experience or life change results from you writing your blog, what would you like it to be?

Day 194 Date:

Your life, the book

From a famous writer or celebrity, to a WordPress.com blogger or someone close to you – who would you like to be your biographer?

Day 195 Date:

Opposite day

If you normally write non-fiction, post a photo. If you normally post images, write fiction. If you normally write fiction, write a poem. If you normally write poetry, draw a picture.

Day 196 Date:

Far from home

Tell us about the farthest you've ever travelled from home.

Day 197 Date:

Dream home

You win a contest to build your dream home. Draft the plans.

Day 198 Date:

Stranger in a strange land

What's your favourite part about visiting a new place – the food? The architecture? The people watching?

Day 199 Date:

Flip flop

Think of a topic or issue about which you've switched your opinion. Why the change?

Day 200 Date:

Fly on the wall

If you could be a “fly on the wall” anywhere and at any time in history, where and when would you choose?

Day 201 Date:

There’s no place like home

If you had the opportunity to live a nomadic life, travelling from place to place, would you do it? Do you need a home base? What makes a place “home” to you?

Day 202 Date:

Party animals?

After spending time with a group of people, do you feel energised and ready for anything or do you want to hide in the corner with a good book?

Day 203 Date:

The stat connection

Go to your Stats page and check your top three-five posts. Why do you think they’ve been successful? Find the connection between them, and write about it.

Day 204 Date:

You, the sandwich

If a restaurant were to name something after you, what would it be? Describe it. (Bonus points for writing a recipe!)

Day 205 Date:

From the collection of the artist

It's the year 2114. A major museum is running an exhibition on life and culture as it was in 2014. You're asked to write an introduction for the show's brochure. What will it say?

Day 206 Date:

A friend in need...

Finish this sentence: "My closest friend is..."

Day 207 Date:

Back to school

If you could take a break from your life and go back to school to master a subject, what would it be?

Day 208 Date:

From A to Z

Create a short story, piece of memoir, or an epic poem that is 26 sentences long, in which the first sentence begins with "A" and each sentence thereafter begins with the next letter of the alphabet.

Day 209 Date:

Life after blogs

Your life without a computer: what does it look like?

Day 210 Date:

State of your year

Write up a mid-year "State of My Year" post.

Day 211 Date:

Drawing a blank

When was the last time you walked away from a discussion, only to think of the perfect comeback hours later? Recreate the scene for us, and use your winning line.

Day 212 Date:

Pat on the back

Tell someone you're proud of just how you're proud you are.

Day 213 Date:

A house divided

Pick a divisive issue currently in the news. Write a two-part post in which you take on two personas and approach the topic from both sides. Bonus points for a creative format (roundtable discussion, debate transcript, etc.)

Day 214 Date:

Origin story

Why did you start your blog? Is that still why you blog, or has your site gone in a different direction than you'd planned?

Day 215 Date:

Green-eyed monster

Write an anonymous letter to someone you're jealous of.

Day 216 Date:

Back to the future

Anachronism (noun): an error in chronology; a person or thing that's chronologically out of place. Write a story in which a person or thing is out of place, or recount a time when you felt out of place.

Day 217 Date:

Ballerina, fireman, astronaut, movie star

When you were 10, what did you want to be when you grew up? What are you now? Are the two connected?

Day 218 Date:

Everything changes

Walking down the street, you encounter a folded piece of paper on the pavement. You pick it up and read it and immediately, your life has changed. Describe this experience.

Day 219 Date:

Never again

Have you ever gone to a new place or tried a new experience and thought to yourself, "I'm never doing that again!" Tell us about it.

Day 220 Date:

(YAWN)

What bores you?

Day 221 Date:

Smell you later

Humans have very strong scent memory. Tell us about a smell that transports you.

Day 222 Date:

Moved to tears

Describe the last time you were moved to tears by something beautiful.

Day 223 Date:

P.C.

Is political correctness a useful concept, or does it stifle honest discussion?

Day 224 Date:

Life line

You're on a long flight, and a palm reader sitting next to you insists she reads your palm. You hesitate, but agree. What does she tell you?

Day 225 Date:

Drawing the line

Can anything be funny, or are some things off limits?

Day 226 Date:

Mirror, mirror, on the wall...

Think of your blog as a mirror: what does it reveal? Consider your blog name, theme choice, design, bio, posts.... What does every element tell you about yourself?

Day 227 Date:

Freaky Friday

You experience your own Freaky Friday, and switch bodies with someone you love/hate. Tell us what happens.

Day 228 Date:

Standout

When was the last time you really stood out in a crowd? Are you comfortable in that position, or do you wish you could fade into the woodwork?

Day 229 Date:

Three-tenths

Scribble down the first ten words that come to mind. Pick three of them. There's your post title. Now write!

Day 230 Date:

Procrastination

What have you been putting off doing? Why?

Day 231 Date:

One the edge

We all have things we need to do to keep an even keel – blogging, exercising, reading, cooking. What's yours?

Day 232 Date:

The full moon

When the full moon happens, you turn into a person who's the opposite of who you normally are. Describe this new you.

Day 233 Date:

Fifteen credits

Another school semester will soon begin. If you're in school, are you looking forward to starting classes? If you're out of school, what do you miss about it – or are you glad those days are over?

Day 234 Date:

Viral

The New York Times is going to feature your blog on its home page, and you've been asked to publish a new post – it'll be the first thing tens of thousands of new readers see. Write it.

Day 235 Date:

Pants on fire

What was the last lie you told? What did you tell it?

Day 236 Date:

These boots were made for walkin'

Tell us about your favourite pair of shoes, and where they've taken you.

Day 237 Date:

Secret of success

What would it take for you to consider yourself a "successful blogger"? Is that something you strive for?

Day 238 Date:

Funny ha-ha

Do you consider yourself funny? What role does humour play in your life? Who's the funniest person you know?

Day 239 Date:

I'd like to thank my cats

You are receiving an award – either one that already exists, or a new one created just for you. What would the award be, why are you being honoured and what would you say in your acceptance speech?

Day 240 Date:

Ready for your close-up

Cast the movie of your life.

Day 241 Date:

I can't drive 55

Take the third line of the last song you heard, make it your post title, and write for a maximum of 15 minutes. GO!

Day 242 Date:

A little sneaky

Are writing prompts a useful exercise, or do you find them to be too limiting and/or hokey?

Day 243 Date:

I pledge allegiance

Are you patriotic? What does being patriotic mean to you?

Day 244 Date:

Groundhog Day

In the comedy “Groundhog Day” Bill Murray experienced the same day again and again, stuck in a time loop until he got the day “right.” What day would you choose to repeat until you got it right? Do you think it’s ever possible to get life “right”?

Day 245 Date:

Name that...you!

Do you know the meaning of your name, and why your parents chose it? Do you think it suits you? What about your children’s names?

Day 246 Date:

Blogger with a cause

If your day to day responsibilities were taken care of and you could throw yourself completely behind a cause, what would it be?

Day 247 Date:

I am a rock

Is it easy for you to ask for help when you need it, or do you prefer to rely only on yourself? Why?

Day 248 Date:

Imagine all the people

The next time you’re in a public place — a coffeehouse, a park, a store — observe the people around you. Pick a person, a couple, or a group, and imagine what their lives might be like.

Day 249 Date:

Regrets, I've had a few

What's your biggest regret? How would your life have been different if you'd made another decision?

Day 250 Date:

Luxurious

What's the one luxury you can't live without?

Day 251 Date:

The excitement never ends

Tell us about the last thing you got excited about — butterflies-in-the-stomach, giggling, can't-wait excited.

Day 252 Date:

What a twist

Tell us a story — fiction or non-fiction — with a twist we can't see coming.

Day 253 Date:

Six of one, half-a-dozen of the other

Write a six-word story about what you think the future holds for you, and then expand on it in a post.

Day 254 Date:

Thank you

The internet is full of rants. Help tip the balance: today, simply be thankful for something (or someone).

Day 255 Date:

Toy story

What was your favourite plaything as a child? Do you see any connection between your life now, and your favourite childhood toy?

Day 256 Date:

Snark bombs, away!

Try your hand at parody or satire — take an article, film, blog post, or song you find misguided, and use humour to show us how.

Day 257 Date:

Bookworms

Grab the nearest book. Open it and go to the tenth word. Do a Google Image Search of the word. Write about what the image brings to mind.

Day 258 Date:

Sorry, I'm busy

Tell us about a time when you should have helped someone... but didn't.

Day 259 Date:

Super sensitive

If you were forced to give up one sense, but gain super sensitivity in another, which senses would you choose?

Day 260 Date:

The cat says meow

Write a story about yourself from the perspective of an object, thing, animal, or another person.

Day 261 Date:

Naked, with black socks

Are you comfortable in front of people, or does the idea of public speaking make you want to hide in the bathroom? Why?

Day 262 Date:

Are you being served?

What's the most dreadful (or wonderful) experience you've ever had as a customer?

Day 263 Date:

No fair

Tell us about something you think is terribly unfair — and explain how you would rectify it.

Day 264 Date:

We can be taught!

What makes a teacher great?

Day 265 Date:

Practice makes perfect

Tell us about a talent you'd love to have...but don't.

Day 266 Date:

Non sequitur

Write a post about anything you'd like, but be sure to include this sentence somewhere in the final paragraph: "He tried to hit me with a forklift!"

Day 267 Date:

Standstill

For a moment today, time stands still — but you can tweak one thing while it's stopped. What do you do?

Day 268 Date:

Celebrate good times

You receive some wonderful, improbable, hoped-for good news. How do you celebrate?

Day 269 Date:

2100

The language of the future: what will it be experimental post using some imagined abbreviations, slang, new terms.

Day 270 Date:

A bend in time

When you're giddy with excitement, does time speed up? Slow down? Tell us about the experience of anticipation.

Day 271 Date:

Ebb and flow

Our blogs morph over time, as interests shift and life happens. Write a post for your blog — but three years in the future.

Day 272 Date:

Cleaning house

Is there "junk" in your life? What kind? How do you get rid of it?

Day 273 Date:

On the road

If you could pause real life and spend some time living with a family anywhere in the world, where would you go?

Day 274 Date:

Fearful symmetry

Pick a letter, any letter. Now, write a story, poem, or post in which every line starts with that letter.

Day 275 Date:

Reading material

How do you pick what blogs or books to read? What's the one thing that will get you to pick up a book or click on a link every single time?

Day 276 Date:

New internet order

All the world's countries have decided that the Internet itself needs a government. Your country asks you to run for Prime Minister of the 'Net — do you accept? If so, what will your platform be?

Day 277 Date:

The clothes that (may) make the (wo)man

How important are clothes to you? Describe your style, if you have one, and tell us how appearance impacts how you feel about yourself.

Day 278 Date:

Eye of the beholder

Describe what it feels like to hear a beautiful piece of music or see a stunning piece of art.

Day 279 Date:

Mixtape masterpiece

You make a new friend. Make them a mix tape (or playlist, for the younger folks) that tells them who you are through song.

Day 280 Date:

Exhale

Tell us about a time when everything seemed to be going wrong — and then, suddenly, you knew it would be alright.

Day 281 Date:

Bloggers, unplugged

Sometimes, we all need a break from these little glowing boxes. How do you know when it's time to unplug? What do you do to make it happen?

Day 282 Date:

Can't get enough

Have you ever been addicted to anything, or worried that you were? Have you ever spent too much time and effort on something that was a distraction from your real goals? Tell us about it.

Day 283 Date:

Fright night

Do you like being scared by books, films, and surprises? Describe the sensation of being scared, and why you love it — or don't.

Day 284 Date:

Mid-season replacement

For many of us the seasons are changing, bouncing unpredictably between cold and warm. Are you glad to be moving into a new season, or wishing for one more week of the old?

Day 285 Date:

Blogger in a strange land

What's the strangest place from which you've posted to your blog? When was the last time you were out and about, and suddenly thought, "I need to write about this!"?

Day 286 Date:

Michelangelo's, YOU

Your personal sculptor is carving a person, thing, or event from the last month of your life into the glistening marble of immortality. What's the statue and what makes it so significant?

Day 287 Date:

Imitation / flattery

Write a post in the style of (or simply inspired by) a favourite author.

Day 288 Date:

Childlike

Explain your biggest regret — as though to a small child.

Day 289 Date:

Honorific

October 16th is officially declared “Person X Day” — and you get to pick Person X. Tell us about someone who deserves to be commemorated.

Day 290 Date:

Community service

Your entire community — however you define that; your hometown, your neighbourhood, your family, your colleagues — is guaranteed to read your blog tomorrow. Write the post you’d like them all to see.

Day 291 Date:

Supercalifragilisticexpialidocious

You get some incredibly, amazingly, wonderfully fantastic news. What’s the first thing you do?

Day 292 Date:

Home sweet home

When you’re away from home, what person, thing, or place do you miss the most?

Day 293 Date:

Release me

Tell us about the blog post you were most nervous to publish — and what it was like to set it free.

Day 294 Date:

Blank is the new blank

Click over to your favourite blog, and pick out the 4th and 14th words (that aren't "the" or "an"). Drop them into this phrase: " _____ is the new _____" There's your post title.

Now write!

Day 295 Date:

Sad but true

Tell us about the harshest, most difficult to hear — but accurate — criticism you've ever gotten. Does it still apply?

Day 296 Date:

As seen on T.V.

Write a script for a late-night infomercial — where the product is your blog. How do you market yourself? What qualities do you embody that other "products" don't? What are the benefits of reading your blog?

Day 297 Date:

Express yourself

Tell us about a time you couldn't quite get your words or images to express what you wanted to express. What do you think the barrier was? For bonus points, try again.

Day 298 Date:

Simply the best

NASA is building a new Voyager spacecraft that will carry the best of modern human culture. What belongs on-board?

Day 299 Date:

Breakdown

Tell us about a habit you'd like to break. Is there any way it can play a positive role in your life?

Day 300 Date:

The golden hour

6:00AM: the best hour of the day, or too close to your 3:00 AM bedtime?

Day 301 Date:

Seven wonders

Khalil Gibran once said that people will never understand one another unless language is reduced to seven words. What would your seven words be?

Day 302 Date:

First

Tell us about your first day at something — your first day of school, first day of work, first day living on your own, first day blogging, first day as a parent, whatever.

Day 303 Date:

Free to be me

What's the character trait you admire the most about yourself?

Day 304 Date:

Halloweeny!

If bloggers had their own Halloween and could go from blog to blog collecting “treats,” what would your blog hand out?

Day 305 Date:

Eat, drink and be merry...

...for tomorrow we die. The world is ending tomorrow! Tell us about your last dinner — the food, your dining companions, the setting, the conversation.

Day 306 Date:

Conflicted

You're in the middle of a terrible argument, and everyone turns to you to help resolve it. How do you respond? How do you react to conflict?

Day 307 Date:

Placebo effect

If you could create a painless, inexpensive cure for a single ailment, what would you cure and why?

Day 308 Date:

It builds character

Tell us about a favourite character from film, theatre, or literature, with whom you'd like to have a heart-to-heart. What would you talk about?

Day 309 Date:

Intense

Describe the last time you were surprised by the intensity of a feeling you had about something, or were surprised at how strongly you reacted to something you thought wouldn't be a big deal.

Day 310 Date:

Google and rescue operation

What was the last thing you searched for online? Why were you looking for it?

Day 311 Date:

Cheering section

Do you have a mentor? Tell us about him or her. Are you a mentor to someone else? Tell us what that relationship has added to your life.

Day 312 Date:

Connect the dots

Scour the news for an entirely uninteresting story. Consider how it connects to your life. Write about that.

Day 313 Date:

About page for the future

Write the About page for your blog in 10 years.

Day 314 Date:

The perfect game

You're set to play poker (or Scrabble or something else . . .) with a group of four. Write a story set during this game. Or, describe the ideal match: the players, the relationships — and the hidden rivalries.

Day 315 Date:

Food for the soul (and the stomach)

Tell us about your favourite meal, either to eat or to prepare. Does it just taste great, or does it have other associations?

Day 316 Date:

Come fly with me

Share a story about the furthest you've ever travelled from home.

Day 317 Date:

Non-regional diction

Write about whatever you'd like, but write using regional slang, your dialect, or in your accent.

Day 318 Date:

Write about evil

Write about evil: how you understand it (or don't), what you think it means, or a way it's manifested, either in the world at large or in your life.

Day 319 Date:

FAQ

Interview someone — a friend, another blogger, your mother, the mailman — and write a post based on their responses.

Day 320 Date:

Love to love you

What do you love most about yourself? What do you love most about your favourite person? Are the two connected?

Day 321 Date:

Land of confusion

Tell us about a time when you felt out of place.

Day 322 Date:

Fear no more

What's the thing you're most scared to do? What would it take to get you to do it?

Day 323 Date:

Perspective

Think about something that drives you crazy. Now, think about something that makes you happy. Does it change your perspective on the former?

Day 324 Date:

Safety first

Share the story of a time you felt unsafe.

Day 325 Date:

A bird, a plane, you!

You get to choose one superpower. Pick one of these, and explain your choice: the ability to speak and understand any language, the ability to travel through time, or the ability to make any two people agree with each other.

Day 326 Date:

Playtime

Do you play in your daily life? What says "playtime" to you?

Day 327 Date:

I have confidence in me

Are you good at what you do? What would you like to be better at?

Day 328 Date:

Close call

Tell us about a bullet you're glad you dodged — when something awful almost happened, but didn't.

Day 329 Date:

Simply irresistible

Tell us about the favourite dish or food that you simply cannot turn down.

Day 330 Date:

To boldly go...

An impending new year gives rise to reflection and goal setting. What will your goals for 2015 be? It's never too early to start thinking about self-improvement!

Day 331 Date:

Fear factor

People are afraid of all kinds of things: spiders, the dark, or being enclosed in small spaces. Tell us about your greatest fear — rational or irrational.

Day 332 Date:

Keeping up with the Jones'

Tell us about the one luxury item you wish you could afford, in as much detail as you can. Paint a picture for us.

Day 333 Date:

Humble pie

Tell us about a time you found out after the fact that you'd been mistaken and you had to eat a serving of humble pie.

Day 334 Date:

Tattoo...you?

Do you have a tattoo? If so, what's the story behind your ink? If you don't have a tattoo, what might you consider getting emblazoned on your skin?

Day 335 Date:

Hear no evil

Tell us about a conversation you couldn't help but overhear and wish you hadn't.

Day 336 Date:

Now you see me

You have a secret superpower: the ability to appear and disappear at will. When and where will you use this new superpower? Tell us a story.

Day 337 Date:

Sink or swim

Tell us about a time when you were left on your own, to fend for yourself in an overwhelming situation — on the job, at home, at school. What was the outcome?

Day 338 Date:

Five items

A classic question, revisited: what are the five items you must have on a deserted island?

Day 339 Date:

The power of touch

Textures are everywhere: The rough edges of a stone wall. The smooth innocence of a baby's cheek. The sense of touch brings back memories for us. What texture is particularly evocative to you?

Day 340 Date:

Fifteen minutes

You have 15 minutes to address the whole world live (on television or radio — choose your format). What would you say?

Day 341 Date:

What's your learning style?

What's your learning style? Do you prefer learning in a group and in an interactive setting? Or one-on-one? Do you retain information best through lectures, or visuals, or simply by reading books?

Day 342 Date:

A source of anxiety

Write about a noise — or even a silence — that won't go away. (We'll let you interpret this in different ways...)

Day 343 Date:

Out of your reach

Was there a toy or thing you always wanted as a child, during the holidays or on your birthday, but never received? Tell us about it.

Day 344 Date:

Unexpected

Unexpectedly, you lose your job. (Or a loved one. Or something or someone important to you.) What do you do next?

Day 345 Date:

My precious

Who is the person in your life who can do no wrong? Describe this person and tell us why you hold them in such high esteem.

Day 346 Date:

Daring do

Tell us about the time you rescued someone else (person or animal) from a dangerous situation. What happened? How did you prevail?

Day 347 Date:

Necessity is the mother of invention

Imagine, in great detail, an invention that could help reverse pollution — describe for us how your invention works and how it will help save the planet.

Day 348 Date:

Festivus for the rest of us

You have been named supreme ruler of the universe. Your first order of business is creating and instituting a holiday or festival in your honour. What day of the year is your holiday? What special events will take place? Describe your day in as great a detail as you can muster: the special foods we'll consume, the decorations we'll use...everything.

Day 349 Date:

Memories of holidays past

What is your very favourite holiday? Recount the specific memory or memories that have made that holiday special to you.

Day 350 Date:

By the skin of your teeth

Share a time when you narrowly avoided disaster.

Day 351 Date:

You're a mean one, Mr. Grinch

What is your least favourite personal quality in others? Extra points for sharing your least favourite personal quality in yourself.

Day 352 Date:

Mad as a hatter

Tell us about a time when you flew into a rage. What is it that made you so incredibly angry?

Day 353 Date:

A random act of kindness

Tell us about the time when you performed a secret random act of kindness — where the recipient of your kindness never found out about your good deed. How did the deed go down?

Day 354 Date:

Forgive and forget?

Share a story where it was very difficult for you to forgive the perpetrator for wronging you, but you did it — you forgave them.

Day 355 Date:

My number one

Who is the most important person in your life? Describe that person in as great a detail as you can muster and most importantly, tell us why you cherish this person.

Day 356 Date:

Interplanet Janet

You get to design your own planet: tell us all about your planet — the weather, the seasons, the inhabitants. Go.

Day 357 Date:

The guilt that haunts me

Share a time when you were overcome with guilt. What were the circumstances? How did you overcome your guilt?

Day 358 Date:

The best day ever

You get to enjoy the best day ever — describe in detail what that means to you. Where are you? What will you do? What's the weather like? What will you eat? Who will you see?

Day 359 Date:

I was here

You are the first astronaut to arrive on a new, uncharted planet. Write the note that you leave to those who come after you.

Day 360 Date:

Moment of clarity

Tell us about a time you'd been trying to solve a knotty problem — maybe it was an interpersonal problem, a life problem, a big old problem — and you had a moment of clarity when the solution appeared to you, as though you were struck by lightning.

Day 361 Date:

You're a winner

You've just won \$1 billion dollars in the local lottery. You do not have to pay tax on your winnings. How will you spend the money?

Day 362 Date:

The new school

You get to redesign school as we know it from the ground up. Will you do away with reading, writing, and arithmetic? What skills and knowledge will your school focus on imparting to young minds?

Day 363 Date:

Brainwave

What's the best idea you've ever had? Regale us with every detail of the idea — the idea itself, where it came to you, and the problem it solved.

Day 364 Date:

I believe in magic

You have been transformed into a mystical being who has the ability to do magic. Share your new abilities in detail. How will you use your new skills?

Day 365 Date:

A brand new you, effective tomorrow!

Tomorrow is the first day of a brand-new year. Tomorrow you get to become anyone in the world that you wish. Who are you? If you decide to stay “you” share your rationale.