

The Self Perception Continuum - Where Are You on This Scale?

Totally Worthless	Totally Worthwhile
0%	100%
Disrespectful	Respectful
Selfish	Helps Others
Lazy	Works Hard
Ruthless	Kind
Cold (Emotionless)	Warm
Taking	Giving
Unfair	Fair
Pitiless	Compassionate
Abusive	Caring
Offensive	Empathic
Insensitive	Sensitive
Selfish	Considerate
Unfaithful / Disloyal	Faithful / Loyal
Indifferent	Determined