

Open Book Exercise

<h3>Chapters of My Life So Far</h3> <p>Use this side of the exercise to outline the chapters of your life so far, that represent struggles, problems, personal improvements, changes and future commitments.</p>	<h3>Personal Blurb</h3> <p>Use this side of the exercise to summarise who you are, what you do and why you do it. Think about this in terms of personal relationships, work, recreation and wellbeing. Keep your purpose and values in mind when writing your blurb.</p>
Chapter 1 -	
Chapter 2 -	
Chapter 3 -	
Chapter 4 -	
Chapter 5 -	
Chapter 6 -	
Chapter 7 -	
Chapter 8 -	
Chapter 9 -	
Chapter 10 -	