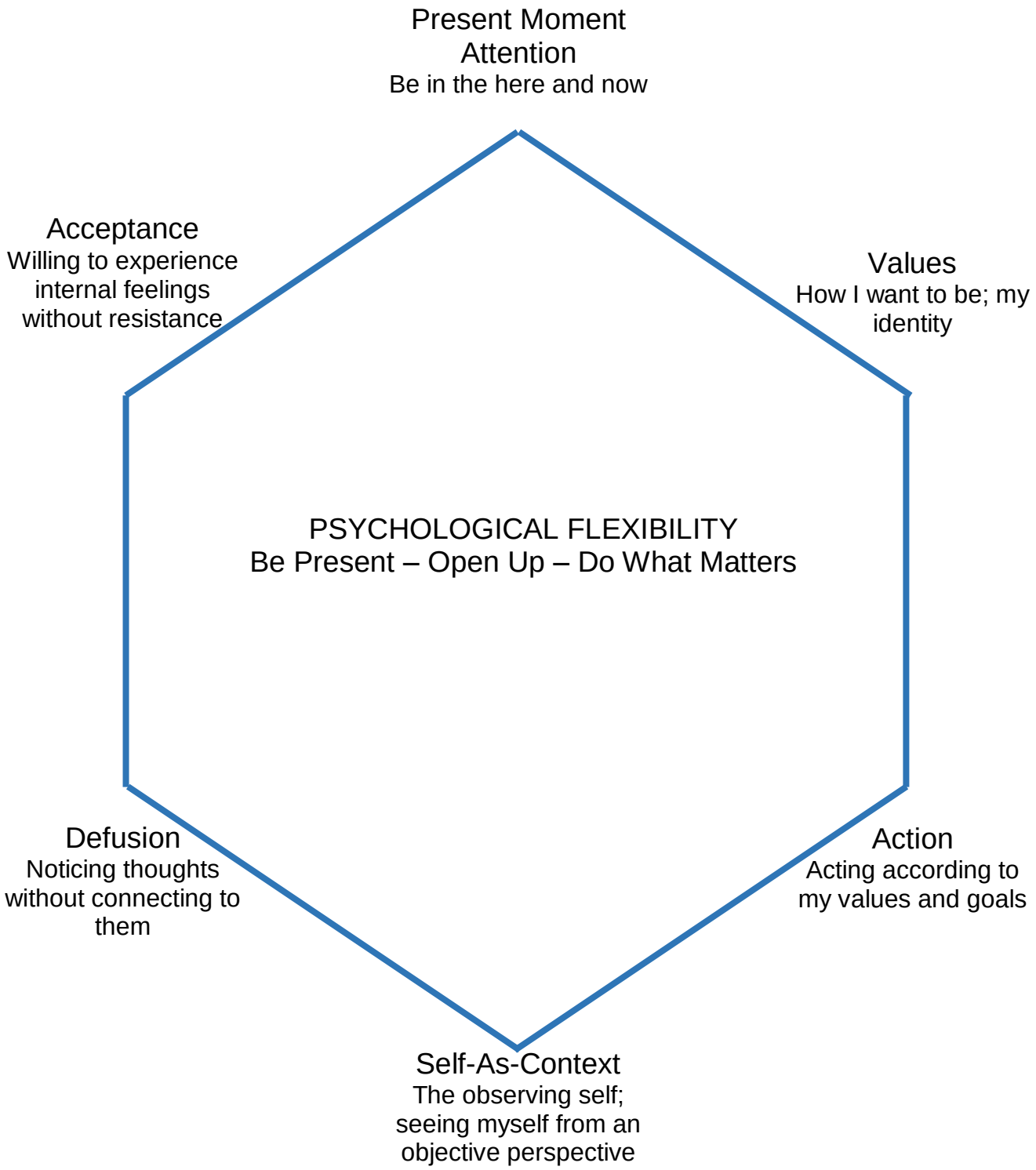Acceptance and Commitment Therapy Model