

Date: 01/09/2021

Dear Colleague

Re: Specialist Cognitive Behavioural Therapy – CBT, EMDR and Psychology Services UK-wide and Online

We are a specialist provider of Cognitive Behavioural Therapy and other evidence-based psychological treatments. This includes Trauma Focused Cognitive Therapy (TFCT), Eye Movement Desensitisation and Reprocessing (EMDR) and HCPC registered Clinical and Counselling Psychology.

We have been established as a respected provider for almost ten years and we deliver CBT, EMDR and HCPC registered Psychology appointments from over 200 locations across the UK and online via video link.

Our standard 2021 business charges are £125 for a one-hour daytime appointment with one of our fully accredited experts.

in addition to core psychological training, all of our Cognitive Behavioural Psychotherapists are fully qualified and professionally accredited by the British Association of Behavioural and Cognitive Psychotherapy (BABCP). This is the recognised UK gold standard for CBT and the threshold required by all of the leading insurance providers.

We know that our charges are significantly lower than other UK CBT clinics and our service turn-around times are significantly faster. 90% of our contract clients have booked appointments within two working days and start therapy within seven working days. Our client feedback results show a 94% success rate which is significantly higher than the national average.

This is what we offer:

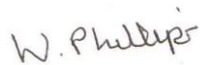
- Appointments with BABCP accredited CBT specialists for £125 inclusive of a brief assessment and discharge report.
- Confirmed appointments within two working days.
- Treatment commencement within seven working days.
- CBT, EMDR and Clinical Psychology appointments delivered from over 200 UK locations on a face-to-face basis and online via video link.
- Treatment services for children, adolescents and adults specialising in over 30 diagnostic categories.
- Full liability cover and DBS clearance.

In return for our highly competitive rates and excellent clinical credentials, we require invoices to be settled within 30 days. Extended payment terms are also available upon enquiry.

If you are interested in discussing potential working arrangements between our Organisations, my office will arrange a follow-up call. If in the meantime you require immediate support for an existing client, please contact our team using the above email address or telephone number.

We look forward to hearing from you.

Yours sincerely

A handwritten signature in black ink that reads "W. Phillips". The signature is written in a cursive, slightly slanted style.

William Phillips

Director & Principal Cognitive Behavioural Psychotherapist

M.A. PgDip (CBT) Dip (CBC) Dip CBH) EMDR (Advanced) MBABCP (Acced) MBPS GQHP FCIPD